

Progress Report of Skill Development Centre Program

About Udayan Care

Udayan Care is a trusted non-profit organization committed to empowering vulnerable children, youth, and women by making young lives shine. Anchored in family strengthening as its core philosophy, Udayan Care works to ensure that every individual grows up in a safe, nurturing environment that fosters dignity and self-reliance.

With operations across 16 states and 40 cities in India, Udayan Care runs diverse, impact-driven programs delivered under 3 key work verticals:

- Child protection and alternative care,
- Education, skilling and employability and
- Advocacy, research and training

Together, with committed individuals and institutions, Udayan Care continues to champion the right of every child and youth to a life of opportunity, protection, and belonging.

About the Skill Development Centre Program

Udayan Care's Skill Development Centre (SDC) Program was launched in 2004 with the goal of addressing unemployment and illiteracy, especially among women from underserved communities in patriarchal settings. Through its vocational courses, the program empowers youth and women with hands-on skills, enabling them to achieve financial independence and self-confidence. Located in Greater Noida (Uttar Pradesh) and Pauri Garhwal (Uttarakhand), the SDCs offer training in Stitching, Beauty Therapy, Jewellery Making, Graphic Design, and Computer Skills including Hindi/English Typing. The centres are inclusive, welcoming women, youth, and even school dropouts or homemakers looking for livelihood opportunities.

To support mothers and guardians, each centre includes a play school, allowing them to learn stress-free. Post training, learners either secure employment or start their entrepreneurial ventures. In addition, Sukriti, a sustainable brand developed under the program, showcases eco-friendly, hand-crafted products made by SDC trainees. With affordability, inclusivity, and sustainability at its core, the program helps its beneficiaries turn skill into dignity.

Need of the Program

In several communities across India, deep-rooted gender biases, poverty, and lack of infrastructure restrict women's access to education and work. Many girls drop out of school early due to domestic responsibilities, early marriage, or societal pressures. Some never get the opportunity to enrol at all. For older women, especially those married young, education and economic participation remain a distant dream.

The SDC Program addresses this critical gap by offering training without any strict academic or age barriers. It is designed for first-generation learners, homemakers, and youth who need practical skills and a second chance. With minimal fees and a focus on hands-on training, the program provides a bridge to livelihood for the most marginalized helping them earn, support their families, and regain their identity with pride.

About Cords Cable

Cords Cable Industries Limited was established in 1987 by a group of industry professionals with an objective of catering to a growing requirement for high quality customized cables. Over the years Cords has developed a wide range of specialized cables to address the specific requirements of industries involving modern process technologies, instrumentation and communication demanding the highest standards of precision and reliability, and household users seeking products with assured quality and safety.

Impact Created in 2024-25 with the support of Cords Cable

SN	Particular	Total Numbers	No. of Females	No. of Males
1	Enrolments	219	193 (88%)	26 (12%)
2	Certifications	184	158 (86%)	26 (14%)
3	Placements	10	8	2

Salient Features of the Program

- Inclusive vocational courses with no academic prerequisites
- Market-aligned training in areas like stitching, beauty, jewellery-making, and graphic design
- On-site play school to support mothers attending training
- Minimal course fee—up to 95% less than market rate
- Support for job placements and entrepreneurial ventures
- Exclusive women-only space at Greater Noida; inclusive model at Pauri Garhwal
- Branding support through Sukriti for handmade products
- Strong emphasis on sustainability through zero-waste design and recycling
- Peer learning, self-confidence building, and community support networks

Courses Offered

S No	Name of the course	Course duration
1	Data Entry Operator (DEO)	4 Months
2	Graphic & Print Design	6 Months
3	Community Technology Skills Program (CTSP)	3 Months
4	Basic Grooming	3 Months
5	Advance Grooming	6 Months
6	Basic Stitching	3 Months
7	Advance Stitching	6 Months
8	Typing (Hindi/English)	3 Months

Workshops & Activities

Advanced Makeup Workshop

On 8th January 2025, organized a focused Advanced Makeup Workshop for grooming trainees, led by industry expert Mrs. Smita Dixit. The session aimed to upgrade trainees' skills with real-time exposure to professional makeup techniques and tools.

The workshop covered key areas including **bridal makeup application, product selection, brush usage, eye makeup artistry, and colour theory**. Trainees gained hands-on experience by practicing advanced looks on live models under expert guidance. For many, this was their first introduction to the level of precision and detailing expected in the professional beauty industry.



The session not only sharpened technical skills but also instilled confidence and industry readiness among the students. It reflected Udayan Care's commitment to providing relevant, high-quality learning experiences that prepare youth for careers in the grooming and beauty sector.

International Yoga Day Celebration

SDC Pauri observed International Yoga Day with enthusiasm and active participation from both students and staff. The session was led by Centre Manager Ms. Nirmala Bisht, who guided participants through a series of asanas, pranayama, and meditation techniques, introducing the core elements of yoga.

The event aimed to promote physical well-being, mental clarity, and stress management among trainees—essential qualities that support both personal growth and employability. For many participants, it was their first structured experience with yoga, leaving them feeling refreshed, focused, and inspired to continue wellness practices in their daily lives.



The celebration reflected the centre's commitment to holistic development, reinforcing the belief that skill-building and self-care go hand in hand in preparing confident, balanced individuals for the future.

Showcasing Skill & Sustainability: Stitching Trainees' Garment Exhibition

In line with the SDC program's focus on practical, livelihood-based training, SDC Pauri Centre organized a Self-Made Clothes Exhibition for stitching course students. Twelve trainees showcased their creativity by designing suits from old sarees, applying classroom learning to real-world garment creation.

The exhibition promoted sustainability, innovation, and confidence among participants. Local women attended the event and appreciated the craftsmanship, encouraging trainees to view their skills as tools for income generation.

This initiative reflected the core objective of the SDC program—empowering rural youth, especially young women, with market-relevant skills and self-belief. It turned learning into visible achievement and connected skill development with real opportunities for self-reliance.



Corporate Volunteer Engagement

Industry Collaboration with USHA: Bridging Traditional Skills with Modern Technology

On 16th May 2024, Udayan Care's Skill Development Centre, Greater Noida, organized a two-day hands-on training session in collaboration with USHA. Mr. Saurav, USHA's representative, introduced 25+ trainees to digital embroidery, machine operations, and advanced stitching techniques such as button fixing, hemming, eyelet creation, and logo designing.



The session bridged traditional tailoring with modern technology, leaving students amazed at how computer literacy can enhance sewing skills and enable bulk production. The energy in the room was electric, with students actively engaging, asking questions, and expressing gratitude for the exposure to industry-level tools and methods.

This initiative not only upskilled our learners but also broadened their vision of what's possible—turning skill into opportunity and inspiration into action.

Collaboration with Khadi & Co., Bess Nielsen for Sukriti Beaded Jewellery

Udayan Care's Skill Development Program collaborated with Khadi & Co., led by French designer Bess Nielsen, to enhance the design quality of Sukriti's beaded jewellery collection. The hands-on workshop brought together our women trainees and the Khadi & Co. team to explore global design trends, color aesthetics, and finishing techniques.



This creative exchange helped trainees refine their craft and gain exposure to international standards.

More than a design session, it was a moment of transformation—boosting confidence, creativity, and

a sense of pride among the artisans. The collaboration strengthened Sukriti's brand identity and marked a step forward in linking grassroots craftsmanship with global markets.

Events & Competitions

Marathi Look Competition: Blending Culture with Skill

As part of the Grooming course at Udayan Care's Skill Development Centre, Gr. Noida, an internal competition was organized around the theme of the Marathi traditional look. The activity aimed to provide trainees with hands-on experience in theme-based styling while deepening their understanding of regional beauty traditions.



Participants explored the intricate elements of Marathi aesthetics—such as traditional makeup techniques, saree draping, and cultural symbolism. The competition encouraged creativity, attention to detail, and cultural appreciation, all while enhancing the technical skills taught in the classroom.

Trainees embraced the challenge enthusiastically, and the event culminated in the recognition of winners who best captured the elegance and authenticity of the Marathi look. It was not only a celebration of skill and culture but also a confidence-building exercise that reinforced the practical relevance of their training.

This initiative reflected Udayan Care's commitment to holistic skill development—where learning goes beyond technique to include creativity, cultural literacy, and self-expression.

Typing Speed Competition

To strengthen digital literacy and reinforce essential workplace competencies, the SDC Pauri Centre organized a Typing Speed Competition for students enrolled in the Typing and Data Entry Operator courses. The initiative offered a dynamic platform for students to apply their learning in a timed, real-world setting, promoting both speed and accuracy.



The competition saw enthusiastic participation, with Manas Thapliyal emerging as the top performer—achieving an impressive 68 words per minute with 93% accuracy. His performance stood as a testament to the dedication and growing digital proficiency of rural youth.

Beyond the numbers, the competition served a deeper purpose: cultivating confidence, encouraging self-discipline, and helping students assess their readiness for data-driven careers. It effectively bridged the gap between theoretical knowledge and practical application—an essential component of the Skill Development Centre's learner-centric approach.

Empowered to Shine: Skill Meets Culture on the Ramp

Students at Greater Noida showcased their creativity and skills in a vibrant ramp walk themed *“Beautiful Indian Women.”* After a month of preparation, 14 unique cultural looks were presented, inspired by traditions like Bengali bridal, Gujarati Dandiya, Punjabi Lohri, and Bhojpuri Teej, along with modern day, office, and party styles.

The event celebrated India’s rich diversity, brought to life through the students’ dedication and artistic expression. Many spent extra hours perfecting their final presentations and confidently walked the ramp before an enthusiastic audience of peers.

More than a creative showcase, the event reflected the larger goal of the project—empowering young women through skill-based training. It offered them a platform to step into public spaces with confidence, own their craft, and challenge traditional boundaries. The ramp walk became a symbol of transformation, where learning translated into self-belief, expression, and visible change.



Case Study

Beena Thapa – From Learner to Leader

Beena joined Udayan Care in 2015 and soon found her calling in handmade jewellery. With consistent support and mentoring, she mastered her craft and began training others, including Neetu and Kajal, who now create jewellery with their own flair. Her breakthrough came when one of her pieces was selected by Bess Nielsen, leading to a collaboration with Khadi and Co.

Today, Beena not only contributes to Sukriti’s product line but also leads a small production team. Her journey reflects how skill training combined with opportunity and encouragement can transform lives and enable women to lead with dignity and purpose.



IFRA’s Journey from a Dreamer to a Professional Makeup Artist

– A Story of Transformation with Udayan Care Since childhood, I’ve always been drawn to colours, beauty, and creativity. I loved seeing how a small touch of colour could transform something ordinary into something magical. That passion slowly turned into a dream—to become a makeup artist and help others feel confident and beautiful.

But dreams need the right guidance to grow.

That’s when I found Udayan Care’s Skill Development Centre. I enrolled in the Beauty Therapy course, and that’s where everything started to change.

At Udayan Care, I didn't just learn beauty techniques—I learned how to believe in myself. The trainers were not only skilled professionals but also incredibly kind and supportive. They guided me, encouraged me, and helped me turn my passion into a profession.

Today, I am a certified, independent makeup artist. I help clients look and feel their best on their most special days—weddings, engagements, and celebrations. Being able to give someone their dream look fills my heart with pride and joy.

I'm living my dream life now—earning independently, doing what I love, and building a future I once only imagined. And none of this would have been possible without Udayan Care.

From the bottom of my heart—thank you, **Udayan Care and Cords Cable**, for helping me find my confidence, my career, and my wings.



Thank You!